



# ARS LAVAL SOCCER EXCELLENCE PROGRAM WINTER 2019

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**For Elite U10-U13 Student-Athletes in Grades 5 to 8**

## Program Overview

### **What is the Soccer Excellence Program?**

- *After school development program for student-athletes*

### **When and Where**

#### **Adapted training schedule**

- *Twice weekly (Monday and Thursday)*
- *4:40pm – 5:55pm at the Bois-de-Boulogne Complex*

#### **Two training blocks of 10 weeks**

- *Block 2 – Begins January 2019*

### **Benefits of the Soccer Excellence Program**

#### **Complimentary development structure to clubs**

- *Student-athletes continue to play with his/her club while benefitting from the supplementary training provided by the program*

#### **Elite, Experienced and Professional staff**

- *All staff members have a minimum B License Coaching diploma*

#### **Promotes academic success**

- *Students maintain regular class schedules or course selection*
- *Motivates and promote academic achievement*

**The Soccer Excellence Program works concurrently with the educational institution to ensure that academic success comes first.**

### **Objective of the Soccer Excellence Program**

The primary objective of the Soccer Excellence Program is to provide student-athletes with supplementary training, acting as a complimentary development structure that works alongside their clubs. The additional training can provide them with the necessary skill level and interest to continue their playing career into the elite or competitive structures (National team, PLSQ, Impact Academy, CNHP, NCAA, RSEQ) available to them or remain active and healthy for life.

### **Program Requirements**

The program is open to all student-athletes registered with a Club affiliated to ARS Laval and that meet the technical standards for the program

## **STAFF 2018-2019**

**Alex Gasparello – Assistant Technical Director at ARS LAVAL**

- *B Licence & UEFA B (Italy)*
- *FSQ Course Instructor*
- *NCCP Level 3*

## **IMPORTANT DATES**

**Deposit for Block 2 – December 15th**

**Start of Block 2 – January 21st**

**End of Block 2 – April 4th**

## **Registration Procedure**

Complete Registration Form

Send initial deposit of 250\$ via check (made out to ARS Laval), interact

## **PROGRAM COSTS**

The total cost for inclusion in the Soccer Excellence Program is **\$575** per 10-week block. The cost for 20 weeks of training is **\$1150**. The initial deposit of **250\$** which confirms your inscription for Block 2 must be made by December 15<sup>th</sup> 2018. The final payment of **325\$** for Block 2 must be made before the end of January 2019.

**Following the start of a block, the deposit is non-refundable.**

**Return all papers to and post-dated checks**

*ARS Laval*

*Programme Excellence*

*955 Bois-de-Boulogne, Suite 200 Laval, H7N 4G1*

**Note - Important information session for parents and players at Multisports Bois-de- Boulogne (2<sup>nd</sup> floor classroom):**

**Block 2 – Wednesday December 12<sup>th</sup> 2018 at 7pm**

**For more information, please email:**

*Alex Gasparello*

[alex.gasparello@soccer-laval.qc.ca](mailto:alex.gasparello@soccer-laval.qc.ca)

## Formulaire d'Inscription – Programme d'Excellence en Soccer

Nom \_\_\_\_\_

Prénom \_\_\_\_\_

Adresse \_\_\_\_\_

Ville \_\_\_\_\_ Code postal \_\_\_\_\_

Club \_\_\_\_\_

Nom de l'école fréquentée : \_\_\_\_\_

Niveau (école) : \_\_\_\_\_ Sexe : F M

Naissance : \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
                            Jour                    Mois                    Année

Téléphone : (\_\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_ Autre : (\_\_\_\_) - \_\_\_\_ - \_\_\_\_\_

Courriel(s) : \_\_\_\_\_

Signature du parent ou tuteur : \_\_\_\_\_

BLOC 2 : \_\_\_\_\_

**Retournez le formulaire d'inscription et le dépôt :**

*ARS Laval*

*Programme Excellence*

*955 Bois-de-Boulogne, Suite 200 Laval, H7N 4G1*

**Prendre note - Rencontre d'information pour parents et joueurs au Complexe Bois-de-Boulogne (salle de classe 2<sup>ème</sup> étage) :**

- Bloc 2 – Mercredi 12 décembre 2018 à 19h00

**Pour plus d'informations communiquez avec :**

*Alex Gasparello*

*alex.gasparello@soccer-laval.qc.ca*

*450-975-3366 Poste 2243*

