



ARS LAVAL

SOCCKER EXCELLENCE PROGRAM

AUTUMN 2018- WINTER 2019



For Elite U10-U13 Student-Athletes in Grades 5 to 8

Program Overview

What is the Soccer Excellence Program?

- *After school development program for student-athletes*

When and Where

Adapted training schedule

- *Twice weekly (Monday and Thursday)*
- *4:40pm – 5:55pm at the Bois-de-Boulogne Complex*

Two training blocks of 10 weeks

- *Block 1 – Begins October 2018 & Block 2 – Begins January 2019*

Benefits of the Soccer Excellence Program

Complimentary development structure to clubs

- *Student-athletes continue to play with his/her club while benefitting from the supplementary training provided by the program*

Elite, Experienced and Professional staff

- *All staff members have a minimum B License Coaching diploma*

Promotes academic success

- *Students maintain regular class schedules or course selection*
- *Motivates and promote academic achievement*

The Soccer Excellence Program works concurrently with the educational institution to ensure that academic success comes first.

Objective of the Soccer Excellence Program

The primary objective of the Soccer Excellence Program is to provide student-athletes with supplementary training, acting as a complimentary development structure that works alongside their clubs. The additional training can provide them with the necessary skill level and interest to continue their playing career into the elite or competitive structures (National team, PLSQ, Impact Academy, CNHP, NCAA, RSEQ) available to them or remain active and healthy for life.

Program Requirements

The program is open to all student-athletes registered with a Club affiliated to ARS Laval and that meet the technical standards for the program

STAFF 2018-2019

Alex Gasparello – Assistant Technical Director at ARS LAVAL

- *B Licence & UEFA B (Italy)*
- *FSQ Course Instructor*
- *NCCP Level 3*

IMPORTANT DATES

Deposit for Block 1 – September 22nd

Start of Block 1 – October 11th

End of Block 1 – December 17th

Deposit for Block 2 – December 15th

Start of Block 2 – January 21st

End of Block 2 – April 4th

Registration Procedure

Complete Registration Form

Send initial deposit of 250\$ via check (made out to ARS Laval), interact

PROGRAM COSTS

The total cost for inclusion in the Soccer Excellence Program is **\$575** per 10-week block. The cost for 20 weeks of training is **\$1150**. The initial deposit of **250\$** which confirms your inscription for Block 1 must be made by September 22nd 2018. The final payment of **325\$** for Block 1 must be made before the end of October 2018. The initial deposit of **250\$** which confirms your inscription for Block 2 must be made by December 15th 2018. The final payment of **325\$** for Block 2 must be made before the end of January 2019.

Following the start of a block, the deposit is non-refundable.

Return all papers to and post-dated checks

ARS Laval

Programme Excellence

955 Bois-de-Boulogne, Suite 200 Laval, H7N 4G1

Note - Important information session for parents and players at Multisports Bois-de- Boulogne (2nd floor classroom):

Block 1 – Wednesday September 12th 2018 at 7pm

Block 2 – Wednesday December 12th 2018 at 7pm

For more information, please email:

Alex Gasparello

alex.gasparello@soccer-laval.qc.ca