



ARS LAVAL SOCCER EXCELLENCE PROGRAM AUTUMN 2017- WINTER 2018



For Elite Elementary School Student-Athletes

For Elite Junior High School Student-Athletes

Training Group 1: Grade 5-6 – U11 & U12 Athletes

Training Group 2: Secondary 1-2 – U13 & U14 Athletes

Program Overview



What is the Soccer Excellence Program?

- **After school development program for student-athletes**
- **Daily practice time: 4:30pm – 5:45pm**
- **Adapted training schedule**
 - Twice weekly (Mon. and Thurs.)
- **Two training blocks of 10 weeks**
 - The student-athlete can choose either training block of 10 weeks or both for 20 weeks
 - Block 1 – Begins October 2017
 - Block 2 – Begins January 2018
 - Sessions will be at the **Bois de Boulogne Complexe**

Benefits of the Soccer Excellence Program

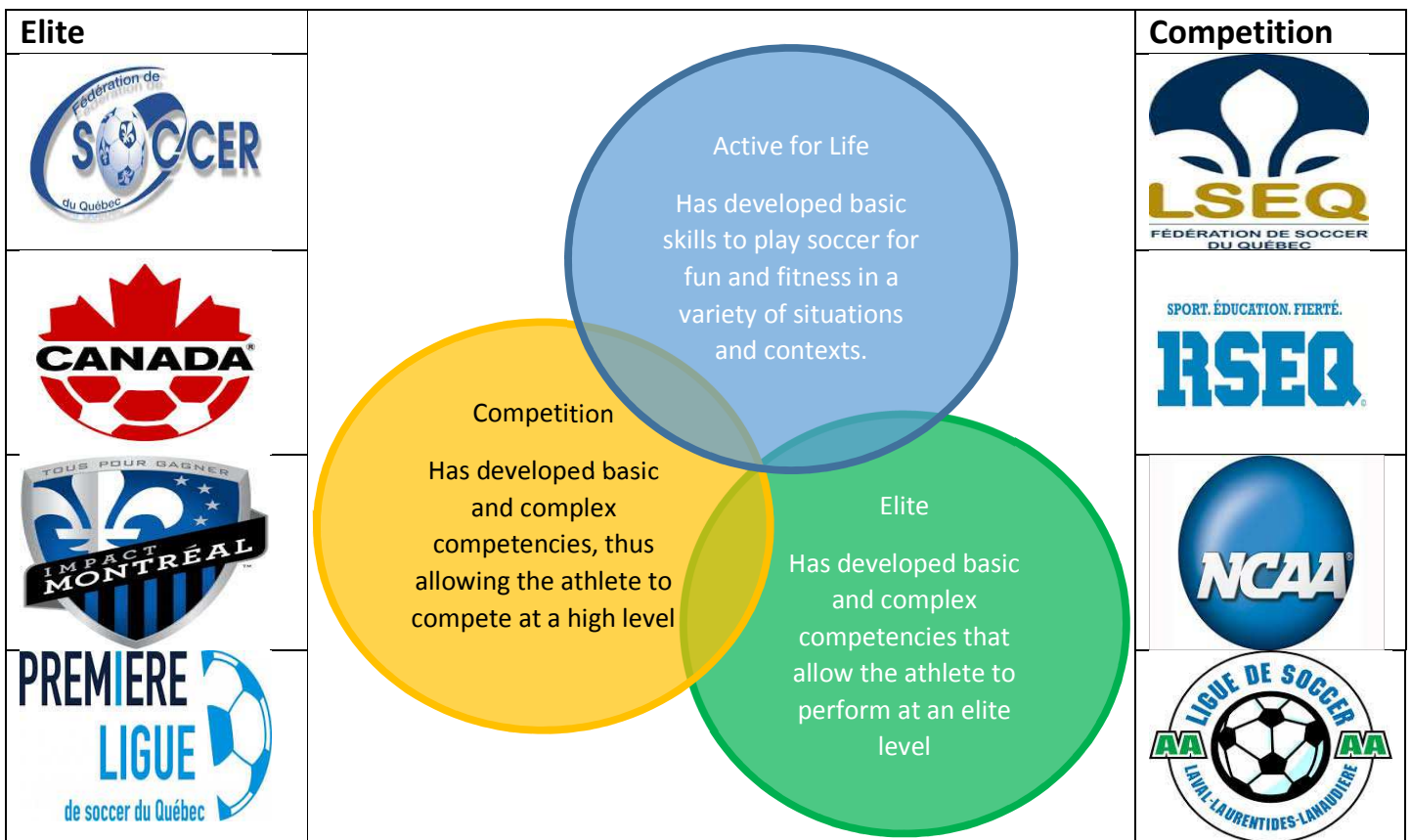
- **Complimentary development structure to clubs**
 - Student-athletes continue to play with his/her club while benefitting from the supplementary training provided by the program
- **Elite, Experienced and Professional staff**
 - All staff members have a minimum B License Coaching diploma
- **Promotes academic success**
 - Students maintain regular class schedules or course selection
 - A study room is provided prior to training between 2:30pm – 4:00pm
 - Soccer is used to motivate and promote academic achievement

The Soccer Excellence Program works concurrently with the educational institute to ensure monitored training to ensure academic success first

Objective of the Soccer Excellence Program

The primary objective of the Soccer Excellence Program is to provide student-athletes with supplementary training, acting as a complimentary development structure that works alongside their clubs. The additional training can provide them with the necessary skill level and interest to continue their playing career into the elite or competitive structures (National team, PLSQ, Impact Academy, CNHP, NCAA, RSEQ) available to them or remain active and healthy for life.

Three main spheres of objectives within the Soccer Excellence Program: Elite, Competitive and Active for Life



Program Requirements

- Program is open to all athletes registered to a club affiliated to the ARS Laval and that meet the technical standards for the program
- The ARS is directly affiliated to certain elementary and junior high schools in Laval. Despite this all athletes attending other schools (public, private, on or off the island of Laval, English, French or Bilingual) are eligible and can join the Soccer Excellence Program

IMPORTANT DATES

STAFF 2017-2018
Alex Gasparello – Technical support <ul style="list-style-type: none"> ○ B Prov. & UEFA B (Italy) Licence ○ Club Technical Director Course Diploma ○ Assistant Technical Director at ARS Laval ○ FSQ coaching course instructor
Francine Picard – Technical Secretary <ul style="list-style-type: none"> ○ +20 years' experience with ARS Laval and clubs - Sport-Etudes, ARS Regional teams

Event	Date
Deposit for Block 1	September 22 nd 2017
Start of Block 1	October 12 th 2017
End of Block 1	December 18 th 2017
Deposit for Block 2	December 15 th 2017
Start of Block 2	January 15 th 2018
End of Block 2	March 29 th 2018

Registration Procedure

- 1) Complete Registration Form
- 2) Send initial deposit of 250\$ via check (made out to ARS Laval), interact, or online

[online registration information](#)

PROGRAM COSTS

The total cost for inclusion in the Soccer Excellence Program is **\$550** per 10-week block. The cost for 20 weeks of training is **\$1100**. The initial deposit of **250\$** which confirms your inscription for Block 1 must be made by September 22nd 2017. The final payment of **300\$** for Block 1 must be made before the end of October 2017. The initial deposit of **250\$** which confirms your inscription for Block 2 must be made by December 15th 2017. The final payment of **300\$** for Block 2 must be made before the end of January 2018.



Following the start of a block the deposit is non-refundable





Registration Form – Soccer Excellence Program



Last name _____

First Name _____

Address _____

City _____ Postal code _____

Club _____

Name of your school _____

Grade (school): _____ Gender: F M

Date of Birth: _____ / _____ / _____
Day Month Year

Telephone: (____) - ____ - _____ Telephone: (____) - ____ - _____

Email 1: _____ Email 2: _____

Parent signature: _____

BLOCK 1: _____ BLOCK 2: _____

Return all papers to and post-dated checks

ARS Laval

Programme Excellence

955 Bois-de-Boulogne, Suite 200 Laval, H7N 4G1

Note - Important information session for parents and players at Multisports Bois-de-Boulogne (2nd floor classroom):

- Block 1 – Wednesday September 13th 2017 at 7pm
- Block 2 – Wednesday December 13th 2017 at 7pm

For more information, please email:

Alex Gasparello

alex.gasparello@soccer-laval.qc.ca

450-975-3366 poste 2243